

# Indianapolis Microblading

## Microblading Aftercare Initial Treatment and Touch Up

To ensure the best healing and results following these after-care instructions is crucial. These instructions should be followed for the next 7-10 days after your microblading procedure and following a touch up or color boost. Brows will appear darker for the first 2-6 days, and then you may experience peeling, brows fade by day 10 and you will be ready for a touch up in 4-8 weeks.

-Avoid touching your brows with your hands unless you have just washed your hands. Your brows currently have open skin and by touching them with dirty hands you can introduce bacteria in them and this can put you at greater risk for infection.

**\*Aftercare\*:** Always wash your hands with an antibacterial soap before performing aftercare. Do not rub brows forcefully, while providing the aftercare. To provide aftercare wipe brows in the direction of hair growth 3 times using firm pressure with a new clean damp cotton pad for each brow(water only). Gently pat brows dry with a new clean cotton pad 10 times using firm pressure, and then apply a rice grain amount of aftercare balm to each brow.

\*For the first 24 hours while awake provide aftercare to brows every hour. Day 2-14 provide aftercare 3 times a day, unless otherwise instructed by your Indianapolis Microblading artist. Day 2-14 you can apply aftercare cream up to 4 times throughout the day to ensure brows stay moisturized, remember not to over saturate brows with aftercare balm.

**\*While Healing Avoid\*:** Makeup on brows, touching brows (unless providing the aftercare), brow tinting, brow grooming, direct sun or tanning bed exposure, spray tans, getting eyelash extensions/lash lift, saunas, steam, facing the showerhead, splashing water on face, excessive sweating, heavy exercising, swimming pools, hot tubs, oceans, lakes, hot compresses to face, being in open convertibles, bike riding, motorcycles, cleaning areas with heavy debris in the air, sleeping on stomach, lotions/creams/cleansers to brows, massages, facials, facial products containing: AHA's, Vitamin A, Retinol A, Glycolic Acid, & Lactic Acid.

-Dryness, scabbing, and peeling are all normal during the healing phase, though everyone may not experience these. If you do experience these healing symptoms you must avoid rubbing or picking off scabs. This can pull pigment out of your brows and create patchy areas, as well as increase your risk for infection and scarring. It can be normal to have some areas where pigment did not retain as well, which is why a touch up is required. A touch up is the perfecting session.

-After the procedure and healing phase it is still important to care for your brows. You should use sunscreen to prevent fading and continue to avoid certain facial products with brighteners in them around the brow area. These include but aren't limited to: AHA's, Vitamin A, Retinol A, Glycolic acid, Lactic Acid. When getting facials always let the esthetician know you have a brow tattoo.

\*Remember brows may appear darker during the first week and will fade, any adjustments will be made at your touch up.

\*If you have any questions or concerns please notify Indianapolis Microblading, LLC immediately. \*If you experience anything out of the ordinary please notify your physician.

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